# SAN DIEGO PEBA

## How to Find a Provider:

To find a provider for **Kaiser** or **CIGNA** please consult the plan brochures available at www.sdcers.org

## SHARP HEALTH PLAN
*Welcome home.* **How to Find a Sharp Doctor**

► **Sharp Non-Medicare Plan Choice Network**

**To find a doctor in Sharp Health Plan's Non-Medicare Plan:**
1. Go to www.sharphealthplan.com/findadoctor.
2. Choose the Choice network from the dropdown.
3. Enter your zip code and type of provider to narrow your search. Press Search Providers.

► **Sharp Direct Advantage (Medicare) Plan- Sharp Advantage Network**

**To find a doctor in Sharp Health Plan's Direct Advantage Plan:**
1. Go to www.sharphealthplan.com/findadoctor.
2. Choose the Sharp Advantage network from the dropdown.
3. Enter your zip code and type of provider to narrow your search. Press Search Providers.

## MetLife How to Find a MetLife Dentist

► **Dental HMO**

**To find out if your current dentist is a part of the MetLife HMO network:**
1. Go to www.metlife.com.
2. On the right-hand side, under "I want to find a MetLife..." Click Dentist.
3. Enter your zip code or City, State.
4. Select Dental HMO/Managed Care. Click submit.
5. On the next page you will need to enter the plan name. SDPEBA's plan is MET100. Click GO
6. Wait a few seconds for the page to load then scroll down to review the results.

► **Dental PPO**

**To find out if your dentist is a part of the MetLife PPO network:**
1. Go to www.metlife.com.
2. On the right-hand side, under "I want to find a MetLife..." Click Dentist.
3. Enter your zip code or City, State.
4. Select PDP Plus. Click submit.
5. Wait a few seconds for the page to load then scroll down to review the results.

## VSP How to find a VSP Provider

**To find a VSP vision care provider:**
1. Go to www.vsp.com.
2. Under "Find A VSP Doctor" enter your zip code and click "Search".
3. The next screen will provide you with a list of providers and the ability to refine your search. SDPEBA is on the **Choice Network**.